

Volunteering Opportunities for Skilled Volunteers

Schlep 2019 Project Coordinator

Tzedek

Schlep is a social action project led by Tzedek, the UK Jewish Community's Response to Extreme Poverty. Schlep's purpose is to raise awareness of the fight to end extreme poverty and raise much needed funds to support Tzedek's work. Schlep challenges participants to take part in a sponsored walk to school or work for just one morning, raising awareness and vital funds that will enable children in Ghana & India to get access to a better education, realise their dreams and break the cycle of poverty. After three successful years running Schlep within the local Jewish community, Tzedek's aspirations for Schlep in 2019 are to grow the project and its impact within the Jewish community and the public. To achieve this, we are looking for a volunteer to give 1-2 days a week coordinating the project, and work closely with the Tzedek staff on making Schlep a phenomenal success for 2019. You will have a role in managing logistical aspects of the project, recruiting existing and new schools and organisations to take part, assisting participant with the online fundraising process and help to build Shlep as a brand.

Location: Golders Green and from home.

[Click here for more information.](#)

Co-Facilitator for Young Male Adult Mental Health Support Group

Jami

We are looking for a co-facilitator of our new male mental health support group for Jewish young men in North West London aged 20-25. The role involves helping to organise, develop and lead the group in collaboration with a Jami peer support worker to help the group decide on activities. It will meet initially in Golders Green at the Jami Headroom Café every 4 – 6 weeks. You will need to help lead meetings as a co-facilitator and to assist in developing and organising the group. You will need to be a confident person who enjoys engaging with people socially and have good communication skills. You have compassion, empathy and an enjoy meeting with different members of the community. Interest in mental health issues is vital. You should have non-judgemental listening skills. Full training and ongoing support will be provided. Attendance at meetings every four to six weeks is required and occasional additional preparation meetings, which will be in the afternoon or evening. All volunteers are expected to be committed for at least one year.

Location: Golders Green.

[Click here for more information.](#)

Ambassador for the Jewish Community

Board of Deputies of British Jews

We need articulate people to sit on their local Standing Advisory Council for Religious Education (SACRE) and act as representatives for the community, to ensure that education around Judaism is properly represented on the local education syllabuses. We will offer induction and do our best to tailor to your requirements, with access to an extensive resource on Jewish education (though some prior knowledge would be useful). A termly SACRE meeting arranged will be arranged by the local authority, before which some research and revision of the minutes of the last meeting may be

required. You will also be invited to a bi-annual conference of the Jewish SACRE network of representatives to exchange experiences, ideas and plans for the future with your peers.

Location: Varied – your local area.

[Click here for more information.](#)

Trustee

Hadassah UK

Hadassah UK is a UK registered charity dedicated to raising funds and awareness of the Hadassah Medical Organisation in Jerusalem and promoting its medical and scientific excellence. Due to the restructuring of our UK Board, some trustees have moved over to our "Advisory Board" allowing vacancies for new trustees. We are seeking new trustees with the skills and expertise to complement the existing Board. We are keen to hear from candidates with exceptional leadership and personal qualities with strong networks and a passion for supporting leading Israeli institutions as well as an interest in medical innovation. We are seeking a diverse board with candidates from a variety of backgrounds and sectors. This is an exciting opportunity to reshape and contribute to an established and respected organisation, which is part of a large international movement, and which can make a difference to healthcare both in Israel and worldwide.

Location: Hendon.

[Click here for more information.](#)

Sexual Harassment in the Workplace – Trainer and Mentor

Jewish Women's Aid

The aim of this role is to provide resilience to abuse by giving training and mentoring support to Jewish community organisations, to help create safer and respectful workplaces. Volunteer will deliver resilience to abuse training to staff, volunteers, donors and Trustees at one communal organisation. They will assist the organisation to develop its procedures and processes to embed a sexual harassment policy throughout the organisation. The role requires a commitment of one day per week for up to 8 months and this day may be based at the organisation. Volunteers will need to have an HR or legal background.

Location: London or Manchester.

Role not on the JVN website – please contact us for more information.

Honorary Deputy Actuary for Jewish Joint Burial Society

Reform Judaism

The present Honorary Actuary accepted the position in the early 1990s, and would welcome any assistance that could be provided by a fellow actuary - who would act, initially, as his deputy. It is hoped that the deputy would, in due course, accept full responsibility for the actuarial function on the retirement of the incumbent. The Honorary Actuary's duties include: Reviewing the actuarial basis; performing the annual actuarial valuation; checking that the mortality and expenses assumptions are consistent with the actuarial basis; assisting the Board of Governors in the selection of investment managers and in reviewing investment performance; and advising the Board on the appropriate level of the per capita fees – which are reviewed annually. The Honorary Deputy Actuary will attend four formal meetings of the Governors per year, four sub-committee meetings per year and other meetings from time to time.

Location: Finchley.

[Click here for more information.](#)

Museum Schools Volunteer

Bentley Priory Museum

Become a member of our fantastic volunteer team at Bentley Priory Museum and make your own contribution to the future of this historic building. With us, you can learn new skills, meet new people and discover a new passion. Schools Volunteers support the Museum's Learning Officer by taking small groups of 8-10 primary aged school children on a trail-led tour of the Museum and engaging them with the fascinating and important stories of RAF Bentley Priory and The One, The Few and The Many during the Battle of Britain in 1940 during the Second World War. This is a great opportunity for someone who is friendly and enthusiastic and enjoys engaging with energetic young people. Full training will be given for the role, though if you have any previous experience working with young people that would be beneficial. This volunteering opportunity is available on weekdays, depending on school bookings.

Location: Stanmore.

[Click here for more information.](#)

Group Volunteer

Deafblind UK

Here at Deafblind UK our goal is to assist people with combined sight and hearing loss to live the lives they want. Our members are some of the most isolated and lonely people in society and we want to do all we can to change this. Our team of amazing volunteers make our goal possible! We run over 35 social groups across the UK, giving our members the opportunity to come together to make friends and take part in organised activities and events. These groups, which meet once a month, give our members the chance to remain an active part of society and greatly benefit the quality of their lives. We are looking for patient, friendly volunteers to help us run our groups. This could be anything from administrative tasks such as keeping record of attendees, organising day trips and entertainment or distributing flyers in your local area to help us reach out to as many people as possible.

Location: Tower Hamlets and/or Stratford.

[Click here for more information \(Tower Hamlets\).](#)

[Click here for more information \(Stratford\).](#)

Public Speaking Expert or Voice Coach

Jami

We are delighted to be launching a very exciting pilot project in the Jewish community to help people in their roles at work or in other fields of leadership, to become confident and skilled public speakers. We are looking for volunteer voice coaches and public speaking experts to work with us on this new venture. We envisage that the sessions will address participants' fears and concerns on public speaking. We would hope the course would include work on self-confidence, posture, diaphragmatic breathing, improved voice projection, timbre and delivery, as well as their demeanour and developing a public facing 'personality.' We would like to run the course in Autumn 2019, in five sessions lasting 90 minutes each.

Location: NW London (TBC).

[Click here for more information.](#)

Book Club Leader

Jewish Care

We are looking for an enthusiastic volunteer to help plan, and facilitate a book club for the tenants. You will need to: plan and facilitate the book club; identify books to read via discussing with tenants and family; and obtain the books. You may be required to support tenants from their flats to the dining room, which may involve pushing wheelchairs etc. You will need an interest in working with the elderly, with the ability to engage with people with complex medical needs including dementia. All volunteers will be provided with induction training and wheelchair handling training.

Location: Hendon.

[Click here for more information.](#)

Speakers on Jewish Culture

Board of Deputies of British Jews

Can you make a difference? We're looking for speakers who would like give presentations or talks on a host of Judaism cultural topics to non-Jewish audiences wherever requested, supported by our accreditation scheme. You will receive training and a mentor to support you and will become part of a wide network of like-minded volunteers. Volunteers will need to have a good knowledge of Judaism and preferably an educational background.

Location: Varied – UK-wide.

[Click here for more information.](#)

Reader Leader

The Reader

Could you inspire others at a weekly reading group?

Our 27 volunteers run 23 groups in and around the Barnet area encouraging people in the wider community and also in elderly care home settings to enjoy a good read. We encourage them to talk about their thoughts and feelings for the literature in a relaxed and comfortable atmosphere. The power of the spoken word whether it be found in books, poetry, play-readings or short stories is giving joy, confidence and support to so many, on a regular basis. We're looking for people who'd like to be part of a very different kind of volunteering opportunity. Come and sit in at one of our shared reading groups and you'll see exactly what we mean and what we can deliver. To become a Volunteer Reader Leader you'll receive full training and support, starting your journey on our inspiring Read to Lead programme where you'll be equipped with the confidence, insight and skills needed to lead a Shared Reading group.

Location: London (local to you).

[Click here for more information.](#)

JVN Supported Volunteering

Mentor for supported volunteer

JVN would like to be able to support people who have an initial barrier to volunteering independently due to a physical disability, a learning disability, mental ill health or a low confidence or self-esteem. This can be a challenging role but it is extremely rewarding as you will be helping to

build up the confidence of vulnerable people and helping them feel part of, and able to contribute to, the community again. You will be matched to an individual and will meet or communicate with him or her regularly to identify a placement and give support with applying for opportunities for example by helping them complete an application form and CV. In some cases you may be required to accompany the individual to an interview and, possibly, to their placement for a couple of times until they feel comfortable with the role and environment. You will support your mentee with identifying how volunteering is making them more employable. You will continue to meet or communicate with your mentee once they have started volunteering to assist them with any issues that may arise. You will report back and evaluate the progress to JVN. This project is run in conjunction with the Barnet Wellbeing Hub. As such, please note that mentors and mentees come from a variety of backgrounds.

Location: Training in Hendon; mentoring in Hendon or at a mutually convenient place.

[Click here for more information.](#)